



First dedicated call center in RP

Reds urge 'people power' in Isabela

Tormenta flame as T'wolves rout Lakers



Abus release 4 hostages seized in Malaysia

Mga tawag batay: lalala nyo ba sila!



Cops hunt 2 Britons in Boracay killings

By Christine K. Figueroa

POLICE preliminary launched a manhunt for two Britons in a shooting slaying for the killing on the island of Boracay.



SPEAKER of the House shows copy of value of legislation.

PHILIPPINE DAILY INQUIRER
BALANCED NEWS. FEARLESS VIEWS

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Gil proclaimed president by followers; Palace laughs

By Gil-Edgarson Jr.

GIL-EDGARSON Jr. was proclaimed president yesterday morning by a group of supporters, with the support of a group of supporters.



Poe camp plans to seek SC ruling on count rules

By Christine G. Amador and Carlo P. Pineda

THE OPPONENTS will go to the Supreme Court to seek a ruling on the constitutionality of the count rules.

Conceding to extend the vote to the presidential and vice presidential elections and to postpone the elections.

There were no winners in the election where it appeared the vote counts were correct. The Senate suspended its session after the approval.

11 senators proclaimed

Biazon, Barbers contest 12th slot

By Maria F. Mendiola

OF 11 new senators, six from the administration and five from the opposition.

SENATORS-ELECT ELECTION 2004

 RODOLFO B. TOLOSA 1,097,138	 REVILLA, Romeo Jr. B. 1,137,213	 PIMENTEL, Aquilino Jr. D. 1,134,423	 MACARAIG, Judy A.S. 1,134,423
 NORONCA, Richard J. 1,134,423	 CAPISTRANO, Francisco B. 1,134,423	 OCHOA, Salvador S. 1,134,423	 LINA, Alberto S. 1,134,423
 ESPINO, Juan R. 1,134,423	 SISON, Joseph B. 1,134,423	 LINA, Alberto S. 1,134,423	 LINA, Alberto S. 1,134,423

Bishops tell protesters: Go to courts, not streets

By Maria F. Mendiola

THEY TOLD the protesters to go to the courts, not the streets.

The new president said yesterday by the Catholic Bishops Conference of the Philippines (CBCP) said support for opponents of President Macapagal-Arroyo.

Senate bet files plunder case against GMA

By Amanda M. Nolasco

SENATE Education Secretary Rodolfo B. Tolosa filed a plunder case against President Macapagal-Arroyo.

According to the law, a plunder case is a crime where a public official is accused of using his or her position for personal gain.

There is a criminal case for her campaign.

AI's Jasmine plans first RP visit, meeting with kin, fans

By Susan R. Nolasco

LOS ANGELES—Jasmine Trias, Filipino-American singer, is visiting the Philippines for the first time.

"I'm looking forward to meeting my relatives and fans here," the 27-year-old singer said.

AI's trip to the Philippines will be a three-day, 12-city tour of the island nation.



PHOTO of a crowd of people gathered in front of the Malacañan Palace.

WEATHER FORECAST

PHILIPPINE DAILY INQUIRER WEATHER FORECAST. For more information, visit our website at www.inquirer.com/weather. For more information, visit our website at www.inquirer.com/weather.

Second FRONTPage

Table with 4 columns: Region, Weather, Temperature, and Wind. Rows include Manila, Cebu, Iloilo, and others.

4 Sabah hostages freed in South

3 Indons, 1 Pinoy return to Malaysia after 8 months of captivity by Abus

KUALA LUMPUR, Malaysia—The remaining four of six hostages searched by guerrillas from a Malaysian jungle region last December have been released after almost eight months of captivity in the southern Philippines, officials and news reports said Monday.

One of the six hostages reportedly died in captivity while the other five were released after being rescued from their captors on Oct. 27, three weeks after their abduction on Oct. 5, 2006.

The four released hostages, three Indonesians and a Filipino, were released by host in Malaysia (southern Sabah state) on Thursday at 12 noon on May 11, and were taken to a hospital for medical tests. The host was reported to be in his 40s.

Three of the four were 30 and 35 years old, and the fourth was 40. They were all without any physical injuries.

Hostage officials could not immediately be reached for more details.

The four hostages were found alive and unharmed by the Malaysian military in a jungle in the southern Philippines, officials said Monday.

The four were among three Indonesians and three Filipinos who were released from the jungle in Sabah state in Malaysia last month. The three Indonesians were released by the host on Oct. 27, three weeks after their abduction on Oct. 5, 2006.

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It's 5 years in HS for 700,00 students

By Rose E. Padilla

AT LEAST half of the 1.4 million incoming public secondary school students in the country would have to take five years of high school.

The education officials said that the 50 percent of students would be in the private sector while the other 50 percent would be in the public sector.

Depending on income level, a student would either have to go to a private school or be allowed to go to a public school.

BOOK. PAY. AND GET A SEAT. WITHOUT LEAVING HOME.

Philippine Airlines e-Ticketing

e-TICKETS YOU CAN PURCHASE BY PHONE OR INTERNET.

Go online to Philippine Airlines e-Ticketing. It's the most convenient way to purchase your travel today. At the end of the process, you will receive a confirmation email.

STEPS IN PURCHASING e-TICKETS

- 1. BOOK: Passenger may call PIA, Reservations at 02-85668888 in Manila or 02-85668888 in Cebu. 2. PAY: Passenger may pay with a credit card (VISA, MasterCard, AMEX, or JCB) over the phone to pay with any PIA Travel Office. 3. CHECK-IN: Passenger will be notified by email of the flight status and boarding pass. 4. CHECK-IN: Passenger will be notified by email of the flight status and boarding pass.

Philippine Airlines e-Ticketing is available for all flights to and from Manila, Cebu, and Iloilo. It is also available for all flights to and from Manila, Cebu, and Iloilo.

Namfrel resumes slow 'quick count'

By Philip C. Nolasco

AFTR BREAKING NEWS on Sunday, the National Commission on Elections (NCOME) resumed its slow 'quick count' process.

The NCOME said that it would resume its slow 'quick count' process on Monday, May 14, 2007.

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Advertisement for Philippine Airlines e-Ticketing featuring a woman and a child using a laptop and phone. Text includes 'Philippine Airlines e-Ticketing' and 'It's about experience'.

Moro leader accuses gov't of concocting story

By Jeffrey H. Tugue

MANILA (AP)—A Bangsamoro political leader has accused the government of concocting a story that he had been killed in a recent attack.

The leader, who is a member of the Bangsamoro Islamic Freedom Fighters (BIFF), said that he had been killed in a recent attack.

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Divers check for oil leak in ship collision

MANILA (AP)—Fuel-oil tank (TNO) damaged in the collision of two oil tankers in the Philippines on Monday is being checked for leaks by divers.

The damage, the divers hope, will be minor. The ship was hit by a 100-ton oil tanker on Monday. The ship was hit by a 100-ton oil tanker on Monday. The ship was hit by a 100-ton oil tanker on Monday.

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GMA allies gain majority of seats in Congress

MANILA (AP)—GMA's political allies gained a majority of the seats in Congress on Monday, winning prospects that they can push the right agenda through legislation.

Before the election, there was a pro-GMA coalition and a pro-FDP coalition. But now, the pro-GMA coalition has been re-elected.

About 70 percent of the 222 members of Congress, the majority of them belonging to the pro-GMA coalition, has been re-elected. The rest are new members, but belong to the same level of political affiliation as those that are re-elected.

Congress continued a joint session yesterday to begin an official tally of votes for president and vice president. The legislative session is scheduled to end on May 13 when it will vote on the 2004 budget.

Manila, a 17-year-old economist, is ahead of opposition candidate Senate President Juan Ponce Enrile. A 40-year-old lawyer, 77 percent of the vote in the official count for the 2004 election. Enrile is a member of the Free Democrats.

"Manila will have two problems in pursuing her legislative agenda," Enrile said. A political science professor at the University of the Philippines, said Enrile.

Law and competition between the legislative and executive branches of government will be a problem because Manila will have a majority in the Senate and House of Representatives.

With strong support from business and industry, Manila will be able to pass a majority of her legislative agenda, including a bill that would set a new law to regulate the shipping industry.

If passed, the bill would set a new law to regulate the shipping industry. It would set a new law to regulate the shipping industry. It would set a new law to regulate the shipping industry.

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Transmittance 210-990
In most optical systems, but especially those using photomultiplier tubes, a very high transmittance is required.

DO NOT say "Bacteria" in a speech context unless the data can include the data.

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Reds urge 'people power' in Isabela

MANILA — The splintering of the Communist Party of the Philippines in Northwestern Luzon has urged militants of its splinter to standard "people power" and proclaim its leader, Dela Padilla, as the savior in the performance of elections.

The call, issued on Monday by Antonio Dela Padilla, came after the Communist Party of the Philippines (CPP) announced its decision to support the 2004 national elections.

The CPP, which has been the chief support of the Communist Party of the Philippines (CPP), has urged its members to support the 2004 national elections.

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Del Padilla said they supported Padilla's candidacy but clarified that they did not support him as a candidate for the 2004 national elections.

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Special polls kick off to race for governor

MANILA — The 2004 special elections for the governor of Isabela started on Monday.

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Fire hits mayor's office in Negros town days after polls

MANILA — About 500,000 worth of property was lost in a fire that hit the mayor's office in Negros town, about 30 kilometers from the city.

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Baguio Islamic school holds graduation rites

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J1 mountain hideout next target of Army

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'Bad Boy from Dadiangas' flees irate mob in GenSan

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REAL ESTATE

Developers request DENR to clarify sewage memo

By Charles E. Bohan

THE COUNTRY'S largest organization of real estate developers has asked the Department of Environment and Natural Resources to clarify an earlier memorandum that requires, among others, residential buildings and subdivisions to set up sewage treatment facilities as a condition to the granting of an Environmental Compliance Certificate (ECC).

The Federation and Housing Development Association Indonesia (Fas-Had) says the requirement is a bit vague and needs to be clarified to individual agents who build in every housing site built or to be combined to comply with the sewage treatment facility requirement as stated under the rules and regulations of DP 228 or the rules and standards for housing and residential building projects and PG 957 or the subdivision and condominium project procedures, which is being implemented by the Housing and Land Use Regulatory Board.

"It is believed that imposing additional requirements on top of what is already been considered as necessary would mean additional construction cost than our developers will eventually pass on to homebuyers and eventually accelerate the housing crisis by increasing housing-related requirements," said DENR national president Marko Alonzo.

More in question

Last Feb. 10, Environment Secretary Eusebio Chua issued a memorandum directing all regional divisions of the Department of Environment and Natural Resources to require malls, restaurants, hotels, apartment and other residential buildings, subdivisions, hospitals and similar establishments to set up sewage treatment facilities as a condition to the granting of ECCs and Resubmits in Certificate (PG).

The memorandum also required all existing facilities and establishments to set up sewage treatment facilities as a condition to the renewal of their PG.

Environmental permit

The ECC is an environmental permit given by the DENR, an attached agency of the DENR, in all subdivisions, before they can operate or open.

The ECC ensures that a building or a project would not adversely affect



WITH THE PASSAGE of the Clean Water Act, which seeks to protect the country's bodies of water, developers now see the need to closely coordinate with the DENR.

the safety of the environment.

"We would like to request Secretary Chua to reconsider and re-examine our members as well as the rest of the developers already complying with the requirements of DP 228 and PG 957. We hope to see the secretary and his technical staff to see our situation this matter," Alonzo added.

Pollutant

The DENR listed untreated domestic wastewater for polluting rivers and other water bodies.

Given its so-called assessment noted that untreated domestic wastewater is the main contributor to the biological oxygen demand (BOD), which is a measure of the oxygen used by microorganisms to decompose this waste. If there is a large source of organic waste in the water supply, there will also be a lot of bacteria present working to decompose this waste and in this case, the demand for oxygen will be high (due to all the bacteria) and the BOD level will be high.

The DENR listed the noncompliance as an effort to improve water quality.

With the signing last Jan. of the Philippine Clean Water Act of 2004 (Public Law 9279) on March 22 by President Macapagal-Arroyo, the department is now mandated to implement a comprehensive water quality management program to guarantee effective water collection and management.

According to DENR, the new law provides for a comprehensive water

management program to protect the country's water bodies from land-based sources of pollution such as industries, mining, agricultural operations, as well as residential or household activities.

Stricter fines

The new law also provides for stricter fines and penalties on violators committed, ranging from P50,000 to P200,000 for every day of violation. This is increased by 10 percent every two years to compensate for inflation and to maximize the deterrent function of penalties.

"The law also imposes on companies due to illegally discharged wastes through the Pollution Abatement Fund such as non-payment of fines and operating discharger a closure order a fine of as high as P3 million or imprisonment of not less than six years nor more than 12 years.

Said DENR that some people "fully support the ACT which the memorandum supported to help our environment. Our development and home buyers will also benefit from it. However, DENR and the DENR should work as soon as possible since there are many issues that should be resolved in its requiring our members to include a sewage treatment facility branch of their projects."

Appreciated that after this office has added not to the development the said additional requirements would be detrimental to the overall objective of providing decent and affordable housing especially to the lower income group.

3 refs suspended, 3 more under the gun

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Chicken soap

ALL RIGHT, the price of food doesn't spike in the market one spot at a time. It takes an entire day to the market when the price of food doesn't spike in the market one spot at a time. It takes an entire day to the market when the price of food doesn't spike in the market one spot at a time.



Gustavo R. Alvarez

...well, long-term one. But up to now, it's been one of the most volatile markets in the world. It's been one of the most volatile markets in the world. It's been one of the most volatile markets in the world.

...the economic managers in the chicken industry were busy. They were busy trying to figure out how to handle the situation. They were busy trying to figure out how to handle the situation. They were busy trying to figure out how to handle the situation.

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2022	100	200	300	400	500
2023	100	200	300	400	500
2024	100	200	300	400	500
2025	100	200	300	400	500
2026	100	200	300	400	500
2027	100	200	300	400	500
2028	100	200	300	400	500
2029	100	200	300	400	500
2030	100	200	300	400	500

Rules on dividend declaration by investment houses tightened

By David C. Dunbar

THE SECURITIES AND EXCHANGE COMMISSION has tightened its regulations on the disclosure of dividend information by investment houses. The new rules require investment houses to disclose more information about their dividend policies and practices.

...the price of food doesn't spike in the market one spot at a time. It takes an entire day to the market when the price of food doesn't spike in the market one spot at a time. It takes an entire day to the market when the price of food doesn't spike in the market one spot at a time.

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DISCLOSURES

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Ever Gotesco posts 48% earnings growth

By Elizabeth J. Searles

THE PRIVATE EQUITY GROUP has reported a 48% increase in earnings for the first quarter. The group's earnings were up from \$1.1 million in the first quarter of 1993 to \$1.6 million in the first quarter of 1994.

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Lopez vies for business leadership award

LOPEZ GROUP has been named the winner of the 1994 Business Leadership Award. The award is given to the company that has made the most significant contribution to the business community.

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WELLNESS
the natural way /C4For feedback, call us at (02) 552 4444 or (02) 552 4444, or
e-mail us at inquirer@inquirer.com.phLIFE *S*TYLE

Editor: Clark Basil Forrester

Advice for group exercise tyros

GOOD exercise is the new buzz for "wellness," the down-to-earth word for things that, the way to most agreeable for you, make people closer to their goals.

Group exercise, that type of group exercise is most popular. Step aerobics, high-low impact aerobics and Tai Chi.

The classes are great for keeping fit and feeling fit. But be a fast learner. They can be an ordeal because most of them use complicated movements.

Usually, when you're a new student, you

WELL AND
GOODJANE
JANE

should be in a class for beginners. But many fitness centers offer it because most of their clients are usually in the intermediate and advanced levels.

But you can survive and eventually become more comfortable in a class with very complicated moves. Here are guidelines for group exercise members from the International Association of Fitness Professionals.

1. Be the first to arrive at the class. Arriving late means you have to wait for the class to start. That means you'll only get the most out of the class.

2. Be the last to leave the class. Arriving late means you have to wait for the class to start. That means you'll only get the most out of the class.

10/12/04

EXERCISE OF THE WEEK

One-legged bench squat

STRENGTHENS the front and back of the thighs as well as the buttocks.

Equipment:

A step bench (you can substitute a stool) and a pole (other options include holding on to a wall or not holding anything to challenge your balance).

Exercise:

1. Stand with the top of your right foot on a bench behind you using a pole for support and balance.
2. Contract your abdominal muscles and keep your chest lifted with your head up.
3. Bend both knees (the leg behind and the standing leg) and slowly lower your body as far as you can comfortably.
4. Keep your knee in line with the ankle of the standing leg.
5. Squeeze your buttocks and the front of your thighs as you return to starting position.
6. Do 15 repetitions on one leg before switching to the other leg. This makes one set.

Performance tips:

1. Watch that your knee doesn't go past your toes as you lower your body.
2. If you are uncomfortable having your leg behind on top of a bench, keep it on the floor.

Repetitions:

Do one to three sets.

